



WE ARE COMMITTED TO HEADS UP FOOTBALL



THE SAFETY OF OUR PLAYERS IS OF UTMOST IMPORTANCE.

By committing to Heads Up Football we are taking the first steps to a better, safer game to all that walk on the field.

Our commitment to Heads Up Football means we are taking the necessary steps to make sure our coaches are educated on:

**/ CONCUSSION RECOGNITION
AND RESPONSE**

**/ HEAT PREPAREDNESS
AND HYDRATION**

/ SUDDEN CARDIAC ARREST

/ EQUIPMENT FITTING

/ SHOULDER TACKLING

**/ BLOCKING & DEFEATING
BLOCKS**

WHAT IS HEADS UP FOOTBALL?

Created by USA Football, Heads Up Football is a comprehensive program developed to advance player safety in football.

It provides organizations across the nation the opportunity to train and certify their coaches to create a new standard of the game in their community.

For more information on Heads Up Football,
visit www.usafootball.com/headsup.